

TRANSITION TIPS FOR PARENTS

Moving to a new school can be a challenging time for some students. While it is an exciting time, it can also be a time that is filled with a variety of emotions including anxiety, fear and uncertainty. The following tips are for you to help your child transition to Servite College:

- Get excited with your child. Talk about how great school will be – what he/she will learn and the new friends he/she will make. Your child will generate an excited and enthusiastic energy if you do.
- Let your child go shopping with you for his/her new school items such as books, folders, pens and stationery.
- Organise for your child to see some friends who will also be going, or are already students at Servite College, just before the beginning of the school year. This will give him/her a chance to talk to his/her peers about moving to Servite. Getting in touch with friends just before the beginning of school can make it easier on the first day.
- If your child is catching public transport to school for the first time, go through the timetables and have a practice run in the holidays. It is better to make the mistakes in the holidays than on the first day of school.
- Encourage your child to get organised early and begin talking about goals with your child.
- Ensure your child is a part of all organisation - don't just do it all for them, as then they will have more understanding of the requirements.
- Remember that you may feel worried or anxious about your child moving to a new school. It is important that you do not relay this feeling to your child as he/she will sense your worry and then it will make it more difficult for him/her to settle into high school.