



Policy: Healthy Food and Drink Policy

Released: 2018 Due for Review: 2023

Domain: Community

1. Rationale

Students at Servite College are encouraged to make healthy food choices to support their spiritual and physical wellbeing.

2. Definitions

The Healthy Food and Drink Policy relates to all food and drinks offered by the College Café and on all school related activities.

3. Scope

This policy applies to Servite College.

4. Principles

- A healthy and nutritious food and drink policy makes a positive statement to students, staff members, parents and the broader community about the value placed on human life.
- It is important that parents, staff members and students work together to support a whole school approach to building a school culture in which students actively choose nutritious food and a healthy lifestyle.
- The College Café shall serve the College community with affordable and nutritional food and drinks.
- Food and drinks provided from the College Café shall compliment the nutrition knowledge taught in the classroom and assist in the promotion of a culture of healthy eating.

5. Procedures

- Servite College Café shall comply with the CECWA Occupational Safety and Health in Schools Policy in order to provide safe handling, preparation and serving of food.
- Servite College Café shall follow the minimum standard required under the Department of Education and Training Healthy Food and Drink Choices in Public Schools.
- Principles outlined above will also apply to College camps and excursions and other activities.
- Common sense and discretion will apply for 'party' type food and drinks to be served on certain celebratory occasions.
- The College Café keeps a record of students who have advised the College of being on an Anaphylaxis Management Plan.



6. Related Documents

- Anaphylaxis Management Guidelines for Western Australian Schools Department of Health
- CEWA Healthy Food and Drink Choices

7. Review History

Year of Review	Reviewed By	Amendments
2018	Executive	Published - November 2018
2020	Administration	No Changes – June 2020
2023		